

Livingston County & Western Oakland Meals on Wheels - February 2018 Menu

<u>Monday</u> <u>1/29/2018</u>	<u>Tuesday</u> <u>1/30/2018</u>	<u>Wednesday</u> <u>1/31/2018</u>	<u>Thursday</u> <u>2/1/2018</u>	<u>Friday</u> <u>2/2/2018</u>
Italian Meatball Sub Sub Bun Wedge Potatoes Italian Beans Pears 0	Polish Sausage Sauerkraut Carrot Raisin Salad Whole Potatoes Hot Dog Bun Peaches	Macaroni & Cheese Stewed Tomatoes Green Beans whole grain dinner roll Dessert - Apple Crisp 0	Pub Burger w/cheese Baked Beans Potato Wedges Fruit Cocktail Hamburger Bun Dessert	Baked Ham w/pineapple Broccoli Au Gratin Potatoes Orange Dinner Roll 0
<u>Monday</u> <u>2/5/2018</u>	<u>Tuesday</u> <u>2/6/2018</u>	<u>Wednesday</u> <u>2/7/2018</u>	<u>Thursday</u> <u>2/8/2018</u>	<u>Friday</u> <u>2/9/2018</u>
Meatloaf w/gravy New Potatoes Peas & Carrots Whole Grain Bread Apple 0	Baked Cod Wedge Potatoes Cole Slaw Pears Whole Grain Roll 0	Chopped Steak Au Gratin Potatoes Broccoli Cuts Apple Sauce Dinner Roll 0	Stuffed Cabbage Mashed Potatoes Green Beans Orange Whole Grain Bread Pie	Chicken & Cheese Casserole w/Broccoli Florets Tossed salad Fruit Cocktail Dinner Roll 0
<u>Monday</u> <u>2/12/2018</u>	<u>Tuesday</u> <u>2/13/2018</u>	<u>Wednesday</u> <u>2/14/2018</u>	<u>Thursday</u> <u>2/15/2018</u>	<u>Friday</u> <u>2/16/2018</u>
Beef Stroganoff Noodles Peas Pears Whole Grain Bread 0	Chicken & Dumplings Carrots Tossed salad Apple Dinner Roll 0	Shrimp Stir Fry w/Stir Fry Vegetables Whole grain rice Banana Dessert 0	Stuffed Steak Mashed Potatoes Green Beans Orange Pie 0	Tuna Sandwich Potato Salad Carrot Sticks Peaches Bread 0
<u>Monday</u> <u>2/19/2018</u>	<u>Tuesday</u> <u>2/20/2018</u>	<u>Wednesday</u> <u>2/21/2018</u>	<u>Thursday</u> <u>2/22/2018</u>	<u>Friday</u> <u>2/23/2018</u>
Three Cheese Baked Ziti Noodles Italian Vegetables Banana 0 0	Turkey Burger Lettuce, Tomato & Mayo Kernel Corn Grapes Hamburger Bun 0	Swedish Meatballs Whole Grain Rice Brussel Sprouts Banana Dessert 0	Chicken Parmesan Noodles Italian Vegetables Pineapple Garlic Bread Pie	Vegetable Lasagna Carrots Tossed Salad Peaches Bread Stick 0
<u>Monday</u> <u>2/26/2018</u>	<u>Tuesday</u> <u>2/27/2018</u>	<u>Wednesday</u> <u>2/28/2018</u>	<u>Thursday</u> <u>3/1/2018</u>	<u>Friday</u> <u>3/2/2018</u>
Copper Country Pie Mixed Vegetables Stewed Tomatoes Peaches Corn Bread Topping 0	Mostacciloi W/meat sauce Italian Vegetables Orange Breadstick Tossed Salad 0	Grilled Chicken Sandwich w/ Lettuce & Tomato 3 Bean Salad Hamburger Bun Banana Dessert	Pork Loin Tossed salad Carrots & Peas Apple Sauce Whole Grain Bread Pie	Salmon Burger Whole Grain Rice Capri Vegetables Fruit Cocktail Hamburger Bun 0