

Livingston County & Western Oakland Meals on Wheels - May 2018 Menu

Monday 4/30/2018	Tuesday 5/1/2018	Wednesday 5/2/2018	Thursday 5/3/2018	Friday 5/4/2018
Grilled Turkey Burger Hamburger Bun Baked Beans Cucumber Salad Apple 0	Mashed Sweet Potatoes Ham Green Beans Pineapple Dinner Roll 0	Maurice Salad w/Ham & Turkey Swiss, Cheddar Cheese Gherkin Pickles Chopped Greens Dinner Roll Banana 0	Pulled BBQ Chicken Sandwich Wedge Potatoes Carrots Pears Hamburger Bun Dessert 0	Fajitas Chicken Strips Refried Beans Cheese, Salsa, Sour Cream Orange Soft Tortilla Shell 0
Monday 5/7/2018	Tuesday 5/8/2018	Wednesday 5/9/2018	Thursday 5/10/2018	Friday 5/11/2018
Beef Goulash Tossed Salad Blended Vegetables Apple Sauce Whole Grain Bread 0	Salmon Burger Whole Grain Rice Capri Vegetables Fruit Cocktail Hamburger Bun 0	Chicken Salad Plate Mixed Greens 3 Bean Salad Pita Bread Orange Dessert 0	Copper Country Pie Mixed Vegetables Stewed Tomatoes Banana Corn Bread Topping 0	Ham & Cheese Quiche Mixed Vegetables Fresh Mixed Fruit Muffin Dessert 0
Monday 5/14/2018	Tuesday 5/15/2018	Wednesday 5/16/2018	Thursday 5/17/2018	Friday 5/18/2018
Sweet & Sour Chicken Whole Grain Rice Asian Vegetables Orange Dinner Roll 0	Vegetable Lasagna Tossed Salad Broccoli Peaches Whole Grain Bread 0	Hot Salad Plate w/Ham & Turkey Mixed Greens Carrot Raisin Salad Pita Bread Apple Pie 0	Sloppy Joe Hamburger Bun Carrots Tropical Fruit Banana 0	Chicken Parmesan Noodles Tossed Salad Italian Vegetables Pineapple 0
Monday 5/21/2018	Tuesday 5/22/2018	Wednesday 5/23/2018	Thursday 5/24/2018	Friday 5/25/2018
Grilled Chicken Sandwich Lettuce & Tomato Pears Hamburger Bun Carrot Raisin Salad 0	Beef Tacos (2) Cheese, Lettuce, tomatoes Salsa & sour cream Refried beans Tortillas Mixed Fruit 0	Chicken Fajita Strip Salad Mixed Greens Onions, Tomatoes, Black Olives, C Banana Tortilla Chips 0	Shrimp Stir Fry s/stir fry vegetables whole grain rice Pineapple Dessert 0	Grilled Cheese Burger Hamburger Bun Baked Beans Cole Slaw Apple 0
Monday 5/28/2018	Tuesday 5/29/2018	Wednesday 5/30/2018	Thursday 5/31/2018	Friday 6/1/2018
0 0 0 0 0 0	Italian Meatball Sub Sub Bun Wedge Potatoes Italian Beans Pears 0	Tuna Salad Plate Cheese, Cucumbers, Tomatos Mixed Greens Pita Bread Banana 0	Stuffed Steak Tossed Salad Green Beans Orange Dinner Roll Dessert 0	Baked Cod Wedge Potatoes Blended Vegetables Fruit Cocktail Dinner Roll 0

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

888-886-8971

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.00

FROZEN MEALS FOR MEMORIAL DAY
WILL BE DELIVERED WEDNESDAY

5/23

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Area Agency on Aging 1-B. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.