

Livingston County & Western Oakland Meals on Wheels - January 2019 Menu

Monday <u>12/31/2018</u>	Tuesday <u>1/1/2019</u>	Wednesday <u>1/2/2019</u>	Thursday <u>1/3/2019</u>	Friday <u>1/4/2019</u>
Closed Frozen Delivered 12/26/18 0 0 0	Closed Frozen delivered 12/26/18 0 0 0	Chicken Fingers (2) Coleslaw Broccoli Peaches Whole Grain Bread Sweet Potato Cubes	Smoked Turkey Sausage Roll Baked Beans Macaroni Salad Cherry Pie 0	Spaghetti & Meatballs Tossed Salad Blended Vegetables Apple Garlic Stick dessert
Monday <u>1/7/2019</u>	Tuesday <u>1/8/2019</u>	Wednesday <u>1/9/2019</u>	Thursday <u>1/10/2019</u>	Friday <u>1/11/2019</u>
Stuffed Cabbage AU Grain Potatoes Carrots Whole Wheat Bread Banana 0	Pulled BBQ Chicken Sandwich Wedge Potatoes Green Beans Pears Hamburger Bun 0	Philly Beef Steak w/ green peppers & onions California Vegetables Sub Bun Pears Pudding	Sloppy Joe Hamburger Bun Corn Potato Wedges Fruit Pie 0	Baked Cod Macaroni Salad Brussel Sprouts Banana Dinner Roll 0
Monday <u>1/14/2019</u>	Tuesday <u>1/15/2019</u>	Wednesday <u>1/16/2019</u>	Thursday <u>1/17/2019</u>	Friday <u>1/18/2019</u>
Macaroni & Cheese Stewed Tomatoes Green Beans Tropical Fruit Whole Grain Bread 0	Baked Ziti w/cheese Italian Vegetables Tossed Salad Garlic Bread Peaches 0	Chicken and Dumplings Tossed Salad Peas & Carrots Pears Dinner Roll Pudding	Potato Encrusted Fish Macaroni Salad Broccoli Orange Dinner Roll Dessert	Golden Crispy Chicken Sweet Potato Cubes Spinach Apple WW Bread 0
Monday <u>1/21/2019</u>	Tuesday <u>1/22/2019</u>	Wednesday <u>1/23/2019</u>	Thursday <u>1/24/2019</u>	Friday <u>1/25/2019</u>
Martin Luther King Day Closed Frozen Delivered 1/16/2019 0 0	sandwich/ Ham, Turkey, Salami Potato Salad Carrot Sticks Peaches Sub Bun 0	Copper Country Pie Mixed Vegetables Tossed Salad Corn Bread Topping Apple Pie 0	Sweet & Sour Meatballs Whole Grain Rice Brussel Sprouts Banana Dessert 0	Grilled Turkey Burger Hamburger Bun Baked Beans Cucumber Salad Orange 0
Monday <u>1/28/2019</u>	Tuesday <u>1/29/2019</u>	Wednesday <u>1/30/2019</u>	Thursday <u>1/31/2019</u>	Friday <u>2/1/2019</u>
Chicken Parmesan Noodles Italian Vegetables Pineapple Garlic Bread 0	Beef Goulash Tossed Salad Blended Vegetables Apple Garlic Stick 0	Grilled Chicken Sandwich w/ Lettuce & Tomato 3 Bean Salad Hamburger Bun Mixed Fruit Cole Slaw	Beef Tacos (2) Cheese, Lettuce, tomatoes Salsa & sour cream Refried beans Tortillas Banana	Hamburger w/cheese Hamburger Bun Baked Beans Coleslaw Orange 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155
888-886-8971

MENU SUBJECT TO CHANGE
WITHOUT NOTICE
HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00